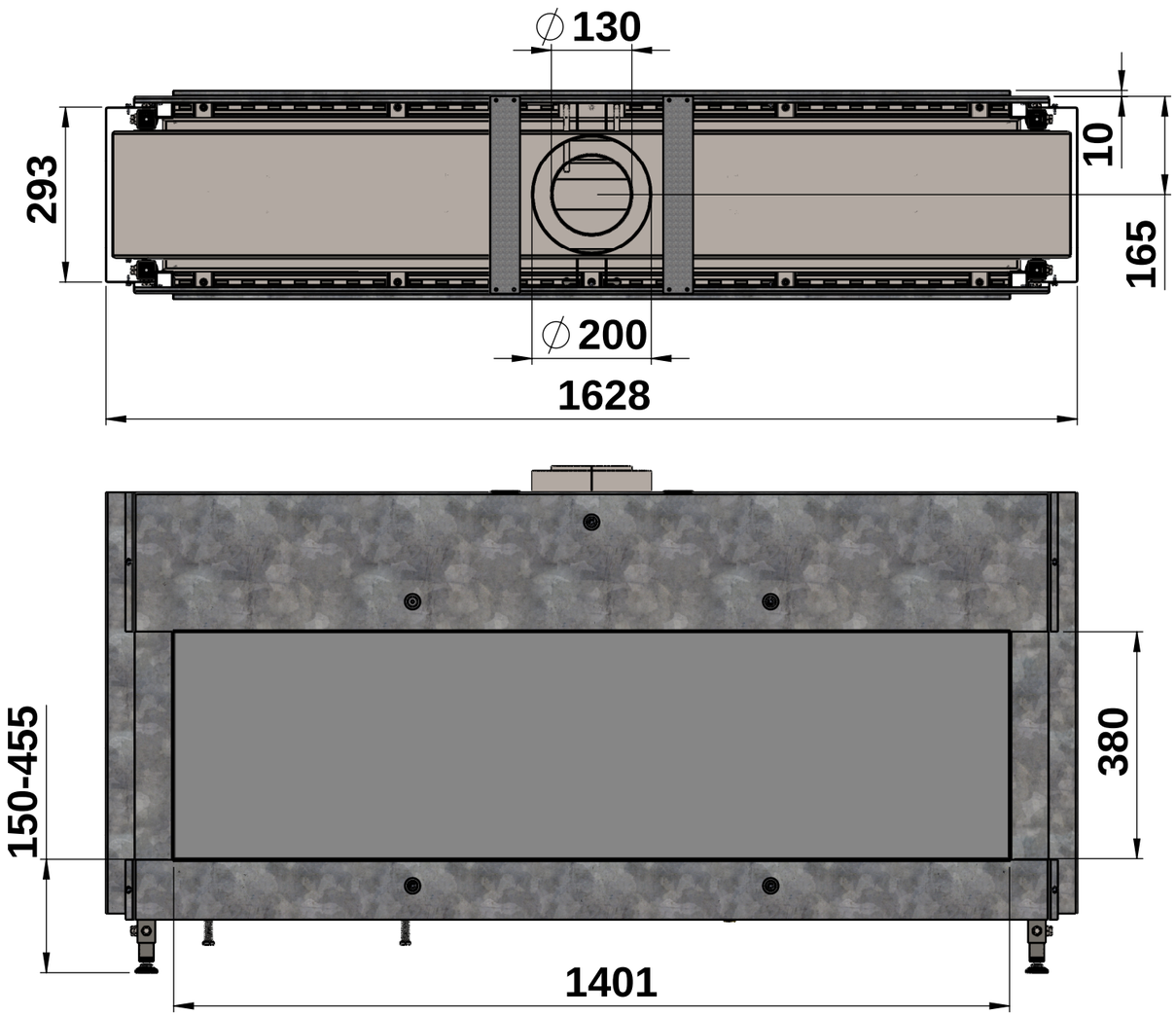TL T 140 H